

...helping those who need it the most

FOOD BANK SHOPPING LIST

- CEREAL (INC. PORRIDGE OATS)
- TEA BAGS
- INSTANT COFFEE
- GRANULATED SUGAR 1KG
- DRINKING CHOCOLATE
- FRUIT JUICE OR SQUASH

- TINNED CHOPPED TOMATOES
- TINNED MEAT (HOT DOGS, HAM, PIES, MEATBALLS, STEWS, CURRIES ETC)
- TINNED TUNA
- TINNED PEAS
- TINNED SWEETCORN
- BAKED BEANS
- TINNED SOUP
- TINNED FRUIT OR RICE PUDDING

- CRISPS
- BISCUITS
- CHOCOLATES OR SWEETS
- JAM OR SPREADS
- COOKING OIL
- GRAVY GRANULES, STOCK CUBES, KETCHUP AND SAUCES
- PASTA
- PASTA SAUCE
- RICE

- TOILETRIES (SHAMPOO, DEODORANT ETC)
- LOO ROLLS
- TOOTHPASTE AND TOOTHBRUSHES
- CLEANING PRODUCTS (WASHING UP LIQUID, TOILET DUCK, SURFACE CLEANER, WASHING POWDER ETC)

Thank you for your generosity!